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Clinical Experience I

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Having to choice just one thing that would be my favorite from my clinical experience thus far would be a realty had task. There has been many things that I have enjoyed doing, and also many other things that have not been my favorite but are integral in being a good athletic trainer. I know that this is the career path that I want to go down because I love what I am doing. It has made it much more enjoyable because I am loving going out and watching the teams practice. There is almost a feeling of being a part of that team because we are out there tending to their wounds and needs and helping them be ready for every aspect of their season.

One of the things that I have enjoyed the most this season is doing rehab with certain individuals. I love that feeling of bonding with the athlete no matter who it is or what sport they are playing I find it outstanding how we can help them. To come in and see that athlete every day and make progress with them in there rehab is great. Of course it sucks sometimes because the athlete does not want to be there early every day or spend all this time doing exercises when they would much rather be out there on the field with their team. I pride myself in trying to make those few hours positive and the best few hours of their day. I have found that this helps make the rehab we end up doing together as beneficial as possible. This bring great joy to me because it was not that long ago when I was sidelined with an injury and was put in the same predicament. I was furious when I was injured and all I wanted to do was get back out there with my team and help them get better and also better myself.

The other thing I love the most about my clinical experience so far is the time I get to spend watching all the different sports practices. I absolutely love all sports so getting to go to the teams practice almost every day and watching them progress and move on as a teams and also perfecting all the little details in different aspects of their sports is great to me. Also, getting to learn more and more about coaching and even the sports themselves from what the coaches have to say is awesome to me. I have been very excited the last few weeks because I love basketball and I am excited for their games to begin because I have seen how much effort both teams have put in to get prepared for this upcoming season.

Altogether, I have enjoyed many things about my clinical experience so far, but these two are my favorite. I am eager to get in to the rehab course here now because it is a subject that I am very interested in and want to learn more about.